

Cosmic Mastery in the Sphere of the All-Encompassing Spirit

Mario Mantese – Master M in Switzerland

Bülach, Switzerland 2012

Arriving after a long drive, I found only a few empty chairs left in the Bülach Congressional Civic Auditorium. Obviously the seats in the very last row were for those coming in late. But I thought, ‘OK, now I am here... yes, darshan with Mario Mantese.

It didn’t take ten, or even five minutes, no, it took only one single minute for me to sense the consciousness of Master M (Master M refers to a particular field of light). “Wow!” I thought to myself, and noticed some kind of turning movement in my head, which went on for a while. Maybe my whole system needed to be fundamentally attuned? Probably. Also, my sense of time began to slip away... and I let it fall. Soon other vibrations and sensations arose, which pushed fluids out through my eyes and nose. But during those moments I refrained from reaching below my chair for a tissue, as the silence in the hall was so profound that even a needle dropping to the ground could be heard. And there were about 1,000 people in the room.

Mario Mantese had taken his place, sitting with his legs pulled up in a relaxed yoga posture on a large armchair. He emanated a radiance of unity with the all-encompassing spirit, and was submerging the large crowd of people into this special light-field. Many who have followed him for years are always on hand at these events, soaking in the silence and absorbing his philosophical teachings. The words he speaks may be similar to those that many others express, but few are truly capable of offering it in this way.

Over 1,000 visitors were received personally by him at this darshan, each year many thousands. In a fraction of a second, as he later explained, the master is able to apprehend the entire being of each person. This encounter takes place at a very elevated cosmic plane. Revelation, guidance, union, and impetus are offered, tendered in the exact measure that he or she needs in that moment.

“When you have arrived here,” an ‘insider’ told me at the break, “you don’t need anything else anymore. Years ago I took a big sack and threw in all my esoteric books and memorabilia, everything that I had gathered and read before. You sense a huge inner emancipation, and all those things gradually fall away from you.” I was thankful to Angelica for this evaluation, as I was here with Master M for the first time, and could now allow myself to be open to whatever might come. But indeed I was aware of the master’s all-embracing light-force from the very beginning.

I would describe what happened in the hours that followed as a procession of transformations initiated by Master M, and I felt quite overwhelmed. But during this time I did not suffer any physical encumbrances, the kind of annoyances that I might normally expect from sitting still so long in such an intense energetic atmosphere.

Mario Mantese offered his being, illuminating each and every person there, expressing his gifts in the highest awareness, probably at the speed of light, since it would otherwise be impossible to ‘fine-tune’ a thousand at a time. I wouldn’t even begin to attempt an explanation of what happened. In any case he was able to move through the variety of human energies standing before him and orient them entirely within the light! There were also some intensive healing treatments offered by the master, who himself is physically handicapped. Those visitors would come directly in front of him and kneel, receiving his blessing very

intimately at eye-level. “He dissolves our old matrix,” explained a neighbor sitting close by. “Mario is an emancipator.”

I found the darshan, and all of my energetic encounters on the first day here convincingly powerful, penetrating, restoring, and healing for my consciousness. A great blessing.

In his younger years Mario Mantese was a successful musician, and traveled to many countries with his band. After a concert in London he was attacked. The sharp edge of knife penetrated his heart. As he was clinically dead for several minutes, he was not able to remain conscious when brought to the hospital for operating and fell into a coma, which lasted several weeks. Through these events his system was fundamentally transformed. He recounted his experiences during this time later in a book entitled, *Vision of Death*. When he awoke from the coma, he was physically blind, but had inner vision. He could not speak a word out loud, but could listen within in a very profound and precise manner. He was physically paralyzed through his entire body, but invested with such powers that he could heal much of his body in the years that followed. Freed from words and sounds of the world, he experienced deep inner silence, untouched by earthly noise, a silence that still resides within him to this day. For many years now he is able to speak, walk, and enjoy good vision, and could be regarded as a medical miracle.

He works about 60 hours a week on his books, and over 15 have been published over the years. He writes aphorisms, philosophical texts (an example soon to appear in English, *That Which You Really Are*), splendid stories and autobiographical essays. Another book, ‘*In Touch with a Cosmic Master*’ is a compellation of accounts from people who have known Master M for many years. In the recently published ‘*In the Land of Silence*’ Master M depicts in journal form the deep relationship between master and disciple on a journey of discovery in the Himalaya.

His books are infused with life’s significance, and render an encounter with a refined, liberated spirit. Through unique but very clear modes of thinking the reader is imparted with guidance on the highest spiritual grounds. We can certainly enjoy more publications coming in the future. His most recent work, ‘*A Way out of Worries – Gifts for the Soul*’, is a manual for everyone who wants to solve their problems in an innovative spiritual manner and avail themselves to his guidance.

“You are awake this weekend, and that brings joy to my heart,” he told the participants on the second day of the weekend, when he communicates through the spoken word. He explained to us that people need a master simply so that they can find their way home more quickly. He emphasized, “Spiritual masters have always had their own master.

He reminded the group to recognize how important and unusual this meeting was and what its effects for each person could be. He explained during the meeting, “When I am here with you, I take these things very seriously. My wish is that you do the same, and also that you don’t interrupt this silence with rustling of paper bags or conversation. When you do that, then I go home.”

I understand at least this much: Mario’s consciousness is expanded far beyond the physical level. But we humans, almost all of us, need something we can grasp, as inseparable, borderless Reality is simply too unfamiliar to us.

Mario spoke about the 21st of December, 2012 and the quality of light on this day. For many years he preferred to celebrate on this date rather than on Christmas. He didn’t mince words in his attitude towards many of the grandiose statements and esoteric proclamations relating to

the Mayan calendar, about which most people talking knew very little about. For him the 21st of December is primarily the shortest day with the longest night in the year. This quality is what calls interest. He also accentuated that humans are here for no other reason than to recognize what they are not!

That would have to sink in a while. I recognize more and more what I am not? How does that work? My intellect wants to know. I am this and that...and that is exactly what I am not? Hmm... difficult. We were talking about the year and the day, and to emerge from this discussion recognizing...I AM.

Again, when discussing his role as master, he says, "There are masters of baking, masters of carpentry, and masters of plumbing. I am a master lifeguard. And I promise I brought thousands of life preservers with me."

He discussed how we exist in a world of appearances and yet, through separation produced in our brains we come to experience everything as real, which in truth is illusion. We are entangled in the web of our thoughts and the results they produce (cause and effect) and get stuck there. Through time this stagnation has darkened our hearts. We no longer know our way out, and are in dire need of spiritual support. He advised those present to stop holding to these sticky places and cease from following along dark paths. They should turn exclusively to that which is true; our all-encompassing luminous consciousness! Within this unity everything is easy, because, as Mantese says, "When I see you all, I see only light!"

Appearances come and go. For example, illnesses come and (may) go. Everything is in movement, change, flow. In truth, the human body is a component of consciousness. Life is within us, and not outside!

We are here to disentangle ourselves, in order to find our true core, and not here to continually push forward.

He philosophizes about many issues and topics concerning our lives, and brings his listeners to a new understanding of their being. When such clearly structured thoughts are infused with intense energy, tremendous shifts can take place. In any case this is what happens for many who have come here.

He spoke about many important things during the weekend, but I can only transcribe a tiny portion of that here, as no note-taking or copying in any form is allowed. I did not fully understand this, for the world, as I understand it, is more prepared than ever for these teachings.

Lightness

Mario Mantese kept the visitors' minds animated not only with his philosophical musings, but also with his humor. Often the entire hall broke into laughter when his comically astute descriptions and accounts of life would hit their mark.

He loves to tell stories. An example: A person arrived in heaven. Heaven's gates were opened, and the first thing the person could distinguish was ringing sounds coming from a huge tree with thousands of bells hanging from its branches. "What do these bells signify" asked the person to the guard near the gate of heaven.

"Every time a person on the earth commits a sin, a bell rings," he answered. The person observed the tree and watched with astonishment as a huge bell sounded and then fell down from the tree and was smashed on the ground!

"What is that supposed to mean?"

The guard answered earnestly, “The pope just took confession from one of the high cardinals.”

He compared our ego to a huge gray elephant, which even 10 strong men couldn’t budge. But with one small banana, you could get it to run for miles....

Conclusion

No doubt I am smitten. What has unraveled and what has opened since those days with Master M is immense, and this inner movement does not stop. As if in a state of fast-forward I read a series of his most important works, and there is not a day when I am not in the flow of consciousness of the master. I will come again soon to Master M, happily, because meeting you has been so good for me! It was and is extraordinary. My entire being expresses itself more clearly and more abundantly. *Andrea Kraus*